

Growing

Cultivate - Covenant - Project



“Like newborn infants, long for the pure spiritual milk, that by it you may grow up into salvation— if indeed you have tasted that the Lord is good.” – 1 Peter 2:2-3

August 27 – Cultivate

Main Idea: A maturing Christian seeks to cultivate their relationship with God.

Scripture: 1 Timothy 4:6-10

Heart Change: How is God calling you to “train for godliness?”

Open

What is the most grueling physical activity you have ever done? Was it something that you had to train for?

Have you ever been in awe of how good somebody was at something? (i.e. music, art, business, science, sports) What do you think it took for them to get that good?

Reflect

Read 1 Timothy 4:6-10.

What is godliness? How are we to train for it?

Paul in this passage preaches that we are to “toil and strive” toward godliness, yet in other parts of Scriptures he preaches that we our faith is by “grace alone.” How is this tension played out in our faith and how we practice it?

Apply

How have you cultivated your relationship with God in the past? Be specific about what was going on in your life and what it looked like?

What is preventing you from cultivating a closer relationship with God?

How is God leading you to overcome these hurdles in your faith?

What does Paul say is the reason that we discipline and train of ourselves for godliness? How is God motivating you to follow Him?