



## How Do We Find Joy?

### Community Group Discussion Guide

#### **Open**

Have you ever spent a long time searching for something? If so, what was it?

What was it like when you found what it was that you were looking for?

On Sunday, we talked about the search for joy. We heard about why that search is a part of our human experience and what it does to us. Tonight we will discuss some of the verses and questions that came out of it.

#### **Reflect**

As we look at the search for joy as a part of the human experience, please read the words of King Solomon in Ecclesiastes 3:11. What does Solomon say is the reason that we long for more out of life?

Please read and discuss Romans 1:21. What was it that made the search for joy so difficult for us?

There are many verses in the Scriptures concerning joy. Please read through some of these verses: Luke 6:22-23, Galatians 5:22-23, 1 Thessalonians 1:6, Romans 15:13, Philippians 1:25;4:5, 2 Corinthians 1:24, and James 1:2-4. As you do, what are some of the sources of joy that you see spoken of?

#### **Apply**

What are some of the ways that you have searched for joy a part from Jesus? Where did that leave you in life?

How does our faith in Jesus bring us joy in the midst of any circumstance?

In your own life, describe a moment or situation where you experienced the joy of the Lord.

What does it look like for a maturing Christian to live with joy?

#### **Close**

Please take moment to pray together and to ask for the joy of the Lord in our lives.