

# PRAYER + MISSION

Seeking God Daily  
April 22

## Open

In our current American culture, there is a great deal of pressure assigned to keeping a particular image. Why do we believe this exists? What effects is it having on us?

As we talk about seeking God daily, we must begin with the motivation for doing so. Prayer is not simply a religious pursuit to earn God's favor rather our desire for prayer arises out of our need to be with God. Let's look at where this need comes from and how we can seek God daily.

## Reflect

Please read Exodus 16:1-8.

What led the people to grumble against God?

What was the significance of the people having to go out and pick up the manna daily?

What was God trying to teach the people through this miracle?

## Apply

For humans beings in general, what is our greatest need?

How does God meet that need we have?

What does it mean for us to receive his filling of that need daily?

What are some practical ways that we can seek God daily in our busy lives?

## Close

Please take a moment to listen/sing the song "Lord I Need You" by Matt Maher. You can find an easy YouTube link here: <https://www.youtube.com/watch?v=LuvfMDhTyMA>. After you are done, please take some time to pray for one another how you see fit for your group.