



THE PSALMS



Experiencing God through the songs of his people.

A Redeemed Life (Psalm 34)
COMMUNITY GROUP DISCUSISON GUIDE

The Lord redeems those who follow Him. Those who have been redeemed live lives that are characterized by a deepening relationship, radical repentance, and eternal hope.

CONVERSATION STARTER

Redemption can be defined as the following: “an act of redeeming or atoning for a fault or mistake”, “deliverance from sin; salvation”, “atonement for guilt”, “repayment of a debt”. As Christians, we understand that we are redeemed from sin and death only through the price that Jesus paid on the cross.

What are some other ways to define/describe redemption and how does your understanding of redemption impact the way you live your life?

GETTING INTO THE SCRIPTURES

Please read aloud Psalm 34.

What are some things that stuck out to you from this passage and/or the sermon on Sunday?

David talks about fearing the Lord. What does it mean to fear the Lord, and how does our fear of the Lord impact our lives?

In verse 4, David says “I sought the Lord and he answered me and delivered me from all my fears.” What are some examples in your own life where you have sought the Lord and he answered?

Verse 17 states, “When the righteous cry for help, the Lord hears and delivers them out of all their troubles”. While we know this to be true, what sometimes prevents us from crying out to the Lord?

MAKING IT REAL

As you read through the verses in Psalm 34, what is one thing that you need to work on this week: trusting the Lord, seeking the Lord, fearing the Lord, etc.?