



THE PSALMS



Experiencing God through the songs of his people.

A Heart of Repentance (Psalm 51)
COMMUNITY GROUP DISCUSSION GUIDE

Psalm 51 is a deeply personal psalm of David that is both a prayer and powerful instruction on repentance. As we see David speak of seeking the mercy of God, owning his own sin, desiring restoration, and graciously worshipping the Lord, we will discover ourselves what repentance looks like in our own lives.

CONVERSATION STARTER

Why is sin often a difficult topic to discuss? What ideas or cultural views make it difficult to talk about sin?

GETTING INTO THE SCRIPTURES

Please read aloud Psalm 51.

What are some things that stuck out to you from this passage and/or the sermon on Sunday?

In verse 4, David says “against you, you alone, have I sinned and done what is evil in your sight.” When we sin, who are we sinning against? Why is it important to remember this?

What does David do after he recognizes and takes ownership of his sin?

When we confess our sin, God has the power to restore and renew us. How can this life change be used to point to Jesus?

MAKING IT REAL

As you think about sin in your own life, how can you do a better job of following David’s example of repentance?

As you think about the sin around you, how can you help others recognize sin and understand the need for repentance?