

A young woman backpacking in Colorado encountered another woman hobbling down a mountain trail. On one foot she wore an improvised shoe made of green twigs wrapped with a strip of cloth.

"Lost one boot crossing a stream," she explained. "Hope I can get down the mountain before dark." The first hiker reached into her own pack and took out a sport sandal. "Wear this," she said. "You can mail it to me when you get home."

The woman gratefully accepted the sandal and set off down the trail. A few days later the sandal arrived in the mail with a note saying: "I passed several people who noticed my predicament, but you're the only one who offered any help. It made all the difference. Thanks for sharing your sandal with me." Real love takes action. The Bible says, "Let us not love in word or in tongue, but in deed and in truth" (I John. 3:18).

Conversation Starter

Has anyone ever helped you but you knew there were strings attached? How did that feel?

Getting Into The Scriptures Read 1 Corinthians 13

Pastor Jason said **"If love for Jesus and love for others is your legacy, then you will have lived well."** How do you think the people you work with would describe you? What evidence do they see in your life that displays the love of Jesus?

Love says a lot about you. Share an example of an act of kindness that you did for a stranger recently. Why is it so important to practice the gifts under the umbrella of Christ like love?

Love is difficult and wonderful. What happens in the day that can cause you to act less than loving? In what ways can you deal with your frustrations without taking them out on others?

Love points to our Savior. Jesus was motivated by love. Why is it important to evaluate our motives when serving others? What do you think it means to serve selflessly?

Making It Real Love is a gift from God. With whom can you share the love of God in a tangible way this week? What will you do?