

Ephesians 6:10-20

## **Message Reflection Guide**

"Verse 12 of Ephesians 6 is explicit in declaring that there are evil spiritual forces. The war is against the cosmic forces. Who would these cosmic forces be? I take these cosmic, not-human forces to be Satan, and his fellow fallen angels. And no doubt they exercise tremendous influence over man, even if men do not think that." – **Simon Brace** 

## CONVERSATION STARTER

In what areas do you wish you were more trained? (Examples: sewing, musical instruments, handyman work, sports, investments, dog training, surfing, computer programming, etc.)

## GETTING INTO THE SCRIPTURES

Read Ephesians 6:10-20

Brandon said, "The battles we fight are not physical battles; they are spiritual. While Jesus gives us the spiritual equipment to stand firm against the enemy, we must be trained to use them." What are your thoughts on the nature of spiritual warfare?

Read 2 Corinthians 5:21. How does Jesus's righteousness change how you look at spiritual battle equipment? In which of the pieces of equipment do you feel you need more training?

Read Romans 12:3. Who or what is our source of faith? How does your faith help extinguish Satan's fiery darts?

Read Luke 3:21-22 and Luke 4:1-22. What difference did the Holy Spirit make on Jesus's life and ministry? What difference have you seen the Holy Spirit make in your own spiritual battles?

## MAKING IT REAL

Jesus gives us the equipment for spiritual battle. How can you begin and/or continue to be trained to use it well?