



# BE KIND • REWIND

## Forgiveness

### A GREAT APOLOGY (ROMANS 12:18)

#### *COMMUNITY GROUP DISCUSSION GUIDE*

#### CONVERSATION STARTER

When was the last time someone apologized to you? What happened? Do you feel they gave you a sincere apology?

#### GETTING INTO THE SCRIPTURES

Read aloud **Romans 12: 9-21**.

Pastor Jason said **“When we sincerely apologize relationships can begin to heal.”** Is there a relationship in your life that was once broken but has now been mended? What do you feel was key in reconciling the relationship?

**START WITH A HUMBLE HEART.** It is hard to admit that we are wrong or that we have wronged someone. Share a story about a time where you had to admit you were wrong. How did that feel?

**EXPRESS REMORSE.** When you feel guilty for hurting someone, do you express remorse right away or does it take you time? Does it take someone pointing out the hurt you have caused them for you to begin to feel remorse?

**ACCEPT RESPONSIBILITY.** How often do you deflect blame when confronted by someone you have hurt? What type of excuses have you made in the past instead of accepting responsibility?

**ASK FOR FORGIVENESS.** How is making a great apology a Gospel issue? How does apologizing in a healthy way reflect the Gospel living inside you?

**OFFER TO MAKE AMENDS.** What are some past behaviors or actions you want to make amends for?

**TELL THEM HOW YOU WILL CHANGE.** We all have negative behaviors or habits that cause us to be in conflict with others. What behavior or habit do you need the Holy Spirit to help you change so you can be more of a reflection of Christ in relationships?

#### MAKING IT REAL

Which of the steps to offering a great apology are most difficult for you? Why? Is there someone that comes to mind that you need to apologize to this week? How can we pray for you in that matter?