



KNOW FEED GUARD SHARE

KNOW YOUR HEART (Luke 6:45) *Community Group Discussion Guide*

An excellent test of character is the way a person reacts under the pressure of a difficult situation. Under normal conditions, most people behave in a socially acceptable manner. They give the impression that everything is under control. When they are caught off guard or are unexpectedly upset, however, they reveal their true disposition.

What is deep down inside of us will spill out when we are tested. Our reactions to pressure can reveal what we are. Jesus said, “Out of the abundance of the heart his mouth speaks”. What comes out of your heart—honey or vinegar? When someone does something you don’t like, how do you react? By maintaining your fellowship with God and relying on His Holy Spirit’s guidance, what spills out of you will be pure and good.

CONVERSATION STARTER

When you think about your conversations this past day, what have they revealed about your heart? What is one thing you said that you believe was pleasing to God? What is one thing you said that you feel was not honoring to God?

GETTING INTO THE SCRIPTURES

Read aloud Luke 6:43-45.

Pastor Jason said “**To know your heart, listen to your words. Do they reflect Jesus or something else?**” We look in the mirror to make adjustments to our appearance. If your words reflect your heart, what adjustments do you need the Holy Spirit to make in you?

Coarse language reveals anger, bitterness, impatience, hatred, etc... When do you notice you are prone to use coarse/foul language?

Complaining reveals criticism, mean spiritedness, ungratefulness, insecurity, pride, etc... What do you regularly complain about? How can you become grateful for the things you complain about?

Gossip reveals judgment, jealousy, unforgiveness, divisiveness, etc... Have you ever been hurt by gossip? What happened? How can you avoid gossip and speak positively about others?

MAKING IT REAL

Our mouths reveal the sin deep within our heart. What sin do you need to repent of? How can the Holy Spirit help you to turn from that sin(s) and begin healthier habits?