

Praying the Lord's Prayer – A Practical Prayer Guide

Matthew 6:9-13 (KJV) *Our Father which art in heaven, Hallowed be thy name.*

¹⁰Thy kingdom come, Thy will be done in earth, as it is in heaven. ¹¹Give us this day our daily bread. ¹²And forgive us our debts, as we forgive our debtors. ¹³And lead us not into temptation, but deliver us from evil: (For thine is the kingdom, and the power, and the glory, for ever and ever.) Amen.

“Our Father...” – Affirming the relationship. In this phrase we remind ourselves of God being the Father and our position as His children.

PRAYER STEP: Tell God how much you love him and thank him for saving, adopting and loving you.

“...which art in heaven...” – Transitioning our focus from the earthly to the eternal. There are many burdens and concerns which can distract us from focusing on the eternal nature of God.

PRAYER STEP: Tell God about those burdens and concerns which may distract you from focusing on Him during this prayer time.

“...Hallowed be thy name.” – An opportunity to Praise and Worship. Hallowed speaks of God's holiness, sacredness, perfection and glory.

PRAYER STEP: Worship God for who He is and praise Him for what He has done for you.

“Thy kingdom come, Thy will be done in earth, as it is in heaven.” – A prayer of surrender. Jesus modeled this when he prayed *“Not my will but your will be done.”*

PRAYER STEP: Ask God for help to let go of building your own kingdom and idols to seek His kingdom and will for your life.

“Give us this day our daily bread.” – Praying for your needs. God is listening when we pray and he cares about our concerns.

PRAYER STEP: Ask God to provide and help with your needs, trusting in His will and plan.

“And forgive us our debts, as we forgive our debtors.” – Time for confession, repentance and evaluating relationships.

PRAYER STEP: Is there unconfessed sin in your life? Are there relationships that need healing? Talk to God about those struggles. Trust that you are forgiven fully and completely.

“And lead us not into temptation, but deliver us from evil” – Our struggle with sin is very real and it is spiritual.

PRAYER STEP: Ask the Holy Spirit to help you resist temptation, to turn from evil and gravitate towards God.

“For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.” – Closing in praise and worship. Glorify and magnify His name!

PRAYER STEP: Ask for help to accomplish Kingdom work and reach the lost.