



# THE PSALMS

Experiencing God through the songs of his people.



## *RESTORE MY SOUL (Psalm 80)* *HOME DISCUSSION GUIDE*

Who among us doesn't occasionally feel battered, bruised, broken? And sometimes it's because of something we've done to ourselves. But because the Lord is the God of restoration and forgiveness, those who humbly come to Him are never without hope. With open arms He welcomes those who turn to Him; and those who do, find safety in His arms.

### CONVERSATION STARTER -

Psalm 8 uses a vine as a metaphor for Israel and us. Have you ever grown a plant on your own? How successful were you? What type of maintenance did the plant(s) require?

### GETTING INTO THE SCRIPTURES

Please read aloud Psalm 80.

Pastor Jason said "**Jesus wants to restore you in ways you never dreamt possible.**" We all have had dreams that did not come to fruition. What dreams did you have as a teenager? Did any of them come to be? What dreams or goals do you have now?

**VS 8-11– The vine's health is dependent upon the gardner.** In what ways do you have an independent streak and do not rely on God? What are you depending on God for right now? What do you need to surrender to Him?

**VS 12&13 – The vine is vulnerable without the care of the gardener.** How have you experienced God's protection in the past? In what ways do you need His protection now?

**VS 14-18 – The vine can only be restored by the Son.** How have you experienced healing or restoration from God in the past? Is there any experience from your past that still feels broken and in need of restoration?

### MAKING IT REAL

Reconciling our past can be difficult and sometimes overwhelming. The enemy wants to heap false guilt on us to keep us from experiencing God's grace and restoration. How do you feel you need the Holy Spirit's help to walk in the promise of His grace, forgiveness and restoration?