



THE PSALMS

Experiencing God through the songs of his people.



MATURING IN FAITH (Psalm 131) HOME DISCUSSION GUIDE

Life is a busy enterprise. It seems there are always more things to do, places to go, and people to meet. And while none of us would want a life without meaningful things to do, the fast pace threatens to rob us of the quietness that we need.

When we're driving a car, stop signs and other signs warning us to slow down are reminders that to be safe we can't have our foot on the accelerator all the time. When was the last time you could echo the psalmist's words, "I have calmed and quieted my soul"? Put up a stop sign at the intersection of your busy life.

CONVERSATION STARTER -

Now that businesses will begin opening up; what restaurant do you hope to go to soon? What will be the first thing you order?

GETTING INTO THE SCRIPTURES

Please read aloud Psalm 131.

Pastor Jason said "**We mature in Christ when we think less of ourselves and more of Him.**" In what ways do you feel you have grown in maturity in Christ during this past year? What lessons have you learned about yourself?

VS 1 – Maturity embraces humility. How has the Holy Spirit revealed areas of pride in your life? How can you practice humility at work and home?

VS 1 – Maturity embraces meekness. How would you define meekness? Is there anyone in your life that you look down on or judge? Do you need to apologize to them? What would that be like for you?

VS 1 – Maturity embraces contentment. What do find yourself searching for that is not of God? (possessions, power, position, people)

MAKING IT REAL

VS 3 – Maturity embraces the Gospel. When you think of the four G's:

God is great – so we don't have to be in control

God is glorious – so we don't have to fear others

God is good – so we don't have to look elsewhere

God is gracious – so we don't have to prove ourselves

Which one do have the most difficulty believing or living out? Why do you think that is?