

Spir·it·ed

Why “Waste Time” With God?

PSALM 40

Message Reflection Guide

Read Isaiah 30:15-19 Waiting for God to work and move can be hard; it can be tempting to try to find our own solution first. The Israelites did just that: under threat from their enemies, they sought help from Egypt instead of turning to God (Isaiah 30:2). But God told them that if they would repent and put their trust in Him, they would find strength and salvation (v. 15). In fact, He added, “the Lord longs to be gracious to you” (v. 18).

Waiting for God takes faith and patience. But when we see His answer at the end of it all, we'll realize it was worth it: “Blessed are all who wait for him!” (v. 18). And what's even more amazing, God is waiting for us to come to Him! - Leslie Koh

CONVERSATION STARTER

Share a story about an experience you had with waiting a long time for something important to happen. What was that like? How did the story end? How did you see God work?

GETTING INTO THE SCRIPTURES – Read Psalm 40

On Sunday Pastor Jason said Spending time with God in our fast paced lives is not easy, but it is rewarding! In what ways do you feel like time “gets away from you?”. In what ways have you found practicing a spiritual discipline rewarding?

Spending time with God is a companionship that transforms us. Read Romans 12:2 Renewing of our mind is powerful way to describe transformation. What negative thoughts do you struggle with and in what way do you need God's help to renew your mind to more hopeful thinking?

Spending time with God develops character. Read Matthew 5:1-12 In this passage Jesus describes those who are blessed. Blessing is about growing in our relationship with God and the character of Jesus. Which “Beatitude” would you like to grow in during this coming year? Why is that important to you?

Spending time with God helps us live with one another. Read Romans 12:9-21 This passage describes “Love in Action”. When you hear our church vision to “Love Audaciously” what comes to mind? In what ways do you struggle with loving audaciously? Who do you feel God is calling you to love audaciously in this coming year?

CHALLENGE

Take time this week to examine your schedule, how busy are you? The challenge of busyness is finding time to be with the one who fills us the most, our God and creator. He has designed you to be WITH Him. In what ways will you wait (pray/commune) with Him this week?